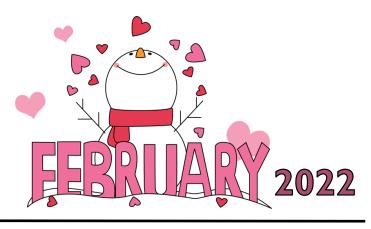




# Newsletter



# NATIONAL TRIO DAY CELEBRATION

Day, a celebration was held in the Library for UMary TRIO students on Friday, Feb. 25.

What is National TRIO Day? It is a day of celebration, reflection and action around increased access to higher education for students through participation in TRIO where

In observance of National TRIO students find a supportive community to answer questions, offer academic assistance and instill a sense of belonging.

TRIO leaders asked Congress to proclaim Feb. 28, 1986, as "National TRIO Day" to increase awareness and rally support for the programs.

TRIO/Student Support Services has been part of the University of Mary family for 41 years. Our program is funded to serve 160 students.



# TRIO STUDENTS IN ACTION!

Tennis player, Heidi Jacobson, won first place in 3rd doubles against Upper Iowa University on Feb. 6th.



Cole Jones (seated) playing the cajon in the Monday Morning Mission band on Feb. 14. Cole joined the band this semester. He also sings and plays the guitar.

## **TRIO Peer Mentor Job Opening**

TRIO is looking for a Peer Mentor for the upcoming 2022-2023 school year. Applicants must be participants in the TRIO program and must have completed at least one semester in the program. This is a paid position! Applications are due by March 11th at 4pm. Reach out to your advisor or Brenda for an application.

# TRIO STUDENT INTERNS

This semester, many TRIO students are active in the community and surrounding areas doing internships. These students include:

**Starlynn Costa** in marketing at the Dakota Children's Advocacy Center

**Kyra Schulz** is a Social Work intern doing Case Management at Youth Works

**Carlos Gomez** is an HR intern at the State of North Dakota Office of Management and Budget

**Olivia Flure** is doing a practicum in the athletic department at BSC

**Reegin Kehn** is at Active Life Chiropractic interning with the clinical exercise physiologist

**Veronica Miller** is a Social Work Intern doing Case Management at the North Dakota State Hospital

**Emma Olson** is at UMary interning with Student Development and Mission for Life

William Federson is at BSC in their Athletic Department

**Anna Schwab** is a Rad Tech Intern at CHI St. Alexius Medical Center

**Derek Faul** is interning at Bobcat Acceleration Center

**Grace Girke** is an HR Generalist intern at Eyebobs LLC in Minneapolis

**Bri Norrell** is a Rad Tech Intern at CHI St. Alexius Medical Center

**Kaitlin Welters** is an Intake Specialist intern at Premiere Tax and Bookkeeping



Kaitlin Welters was the winner of the prize from the Self-Defense Training Workshop last month.



Congratulations to Olivia Burmeister for winning the video contest on How to Beat the Winter Blues! Check out her video at: shorturl.at/gnpl3



# ENGAGEMENT ANNOUNCEMENTS



Love is in the air this Valentine's Season! Congratulations to these TRIO students and their soon-to-be spouses.



TRIO students Gabe Thom and Mikaela Garwoski met through mutual friends before coming to UMary in August of 2020. Shortly after, they started dating. A foundational part of their relationship is praying the St. Michael Chaplet together daily. On December sixth, after praying, Gabe proposed to Mikaela in the chapel. The couple plans to get married in January of 2023.



# **PURSUING YOUR PERSONALITY:** VALENTINE'S DAY WORKSHOP





TRIO student Emma Olson, and her fiancé, Gabriel Brooks, met at UMary. They plan to marry this year on August 20th.



TRIO student, Samantha Yazzolino and her fiancé, Aidan Goblirsch, met at UMary and plan to marry next winter.



TRIO student, Eve Heupel and fiancé, Andrew Merz, met in November of last year in a group of people playing ping pong! They then started meeting a few times a week to get hot cocoa and talk. The couple plan to get married next May in Bismarck.



TRIO student, Mohammad and his fiancé, Julia, met at work and plan to get married summer of 2023.

type. The workshop was centered Type.

On Feb. 14th, TRIO students around self-love and better underattended a workshop led by advi- standing one's self. Students who sors Kristi and Mary. Students participated received a copy of the learned about their Enneagram book, Discovering Your Enneagram

# FALL 2021 DEAN'S LIST STUDENTS

Congratulations to the following TRIO students who made the Fall 2021 Dean's List. To qualify for the Dean's List, students must have a 3.5 GPA or higher.

Muhummad Amiri **Casey Anderson** Rebekah Baker Elly Bjork Monica Bute Starlynn Costa Natalia Cruz Reagan Dalton Katie David Joseph Dettloff Rami Douri Lynn Duong Gabe Fanning **Emilee Fergel** Olivia Flure Olivia Fredock Grace Gierke Hailee Godfrey Carlos Gomez Camille Joy Hagen Conan Hayton Madelaine Heggestad Justin Ng

**Eve Heupel Donzell Howard** Jordan Huizenga Cole Jones Reegin Kehn Thaddeus (John) Kocon Nicole Koepl Molly Koralewski Jacinta Kreiner Sarah Lagge Adria Lamb Jonah Laundergan Theodore Lillico Abigale Loel Abigail Lynch Rachel Mazourek Isaiah Martens **Emily Montgomery** Alessandro Narez-Meza

**Brianne Norrell** Emma Olson Maria Osterbauer O'Connell Qualley Paul Quinn Brianna Ramey Ana Salazar Kyra Schulz Anna Schwab Noah Scordato Emma Senderhauff **Abigail Serbus Dylan Smith Grace Streeter** Hailey Thorlakson Anthony Valequez Ava Vizenor **Kaitlin Welters** Samantha Yazzolino Hailey Zacher

### **Upcoming TRIO Workshops**

#### Mar. 8: Choosing a Grad School

### 12:00 - 1:00 pm Janet Lanterman Conference Room (GTSB)

Deciding on a graduate school is a huge decision. Professor Amy Duchsherer will give helpful tips to consider when choosing a graduate school.

#### Mar. 9: Salsa Dancing

#### 4:00-5:15 pm Chick's Place

Northern Plains Dance and TRIO are partnering up. Join us for a fun evening of learning salsa dancing! Sign up with your advisor. Spots are limited.

#### Mar. 22: Etiquette Dinner

#### 5:30-7:30 pm Chick's Place

Career Services and TRIO are partnering up! Learn proper etiquette for your next important dining experience and enjoy a free meal! Please RSVP to your TRIO Advisor. Seats are limited.

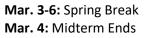
#### Mar. 30: Financial Aid Jeopardy with Friends

#### 3:30-4:30 pm Welder 208

Learn, engage, and have fun while testing your knowledge on personal finance-related topics in game-like fashion. Presented by Kristen Kihle from the Financial Aid office.

Early registration for fall classes is March REMEMBER 7th-15th! Sign up with your advisor ASAP to register! This is one of the benefits to you as a TRIO student.

### Dates to Remember



Mar. 7: Fall Advising Opens

Mar 7: 6-9 pm Chick's Place: Youth Works Service Project

Mar. 12: 7-11 pm Chick's Place: Irish Hooley Mar. 13: 3-5 pm Founder's Hall: Spring Band

Concert

Mar. 18: Last Day to Add/Drop with a W

Mar. 20: 3-5 pm AGH: Steel Band and Percus-

sion Concert

Mar. 21: Online Registration Opens

Mar 25: 7:30-8:30 pm RMH: Spring Vocal Arts

Concert

Mar. 31: 7:30-8:30 pm Chick's Place: Jazz En-

semble Concert

**Every Monday: 10-11 am LVUC Living room:** 

Monday Morning Mission

### **Final Exam Schedule:**

Monday, 4/25/2022	Begin	End	Course Group
	8:00 AM	10:00 AM	MWF - 12 pm courses
	10:15 AM	12:15 PM	MWF - 9 am courses
	1:00 PM	3:00 PM	TH - 9:30 am courses
	3:15 PM	5:15 PM	MWF - 3 pm courses

Tuesday, 4/26/2022	Begin	End	Course Group
	8:00 AM	10:00 AM	MWF - 11 am courses
	10:15 AM	12:15 PM	MWF - 1 pm courses
	1:00 PM	3:00 PM	TH – 12:30 pm courses
	3:15 PM	5:15 PM	MWF - 10 am/4 pm courses or Flexible Exam Time

Wednesday, 4/27/2022	Begin	End	Course Group
	8:00 AM	10:00 AM	TH - 2 pm courses
	10:15 AM	12:15 PM	TH - 11 am courses
	1:00 PM	3:00 PM	MWF - 2 pm courses
	3:15 PM	5:15 PM	TH - 3/4 pm courses or Flexible Exam Time

Thursday, 4/28/2022	Begin	End	Course Group
	8:00 AM	10:00 AM	MWF - 8 am courses
	10:15 AM	12:15 PM	TH - 8 am courses
	1:00 PM	3:00 PM	TH - 1 pm courses or Flexible Exam Time
	3:15 PM	5:15 PM	TH - 10 am courses or Flexible Exam Time